



Field trip – Neretva Valley



24th – 27th October 2023

Field trips are an interactive and engaging method of learning in environments outside the classroom. Getting into the field brings lectures, labs, homework, and text readings to life. Outdoors is where the action is. Field trips are invaluable experiences, and the students should make every effort to take part. The field trip is an extension of our classes; therefore all school policies, rules and regulations are in effect during the trip!

List of items to pack for the field trip:

All bags and belongings may be subject to inspection. Students are responsible for the contents of their luggage and are asked not to bring any personal property of value.

- ✿ a folder with all field trip assignments
- ✿ the medical insurance card and the ID card
- ✿ two towels (one larger, one smaller)
- ✿ personal hygiene items (comb or hairbrush, toothpaste, toothbrush, shampoo, paper tissues, skin plasters, etc.)
- ✿ a pocket hand sanitizer
- ✿ **CLOTHES:** at least two pairs of trousers, long sleeved T-shirts, Short-sleeved T-shirts, a jacket, a warm pullover, a tracksuit, pyjamas, underwear, socks, shorts, a hat, a bathing suit
- ✿ **FOOTWEAR:** sports shoes for walking (two pairs), slippers, flip flops
- ✿ a small (folding) umbrella
- ✿ a smaller backpack (no handbags!)
- ✿ a plastic or aluminium bottle of water
- ✿ a mosquito and tick repellent spray
- ✿ sunscreens, sunglasses
- ✿ **MEDICINES:** regular therapy (if any – please report it to your homeroom teacher), sore throat, fever treatments
- ✿ **ENTERTAINMENT:** USB with favourite music
- ✿ **OTHER:** books to read before bedtime, or other things your child could not be without during a four-day period
- ✿ **OTHER EQUIPMENT:** mobile/l phone with a charger
- ✿ **POCKET MONEY:** for drinks and souvenirs (20 - 30 EUR)

Note: Teachers do not have any responsibilities for students' items such as mobile phones or other devices.

SNACKS AND DRINKS

We recommend the students to have breakfast at home as there will be no breakfast served at school on the first day of the field trip. We will pack lunch packages for all the students. The students are advised to pack snacks and refreshments to be consumed during the stop overs. Please, be reasonable with the amount of sweet soft and soda drinks given to the children. **Beverages brought by the students must be sealed.** We suggest the following snacks and drinks (easy-to-pack food that does not require refrigeration):

- ☺ different kinds of sandwiches (for the first day only)
- ☺ whole fruits, dried fruits
- ☺ nuts and seeds
- ☺ vegetables
- ☺ unopened boxes of 100% fruit or vegetable juice
- ☺ breadsticks, pretzels, bagel, rice cake, muffins, crackers
- ☺ water
- ☺ **energy drinks (such as Red Bull) are not allowed**

INCLUDED SERVICES:

- **accommodation** on the basis of three half boards in the 4-star Valamar Meteor Hotel (double and triple rooms) in the town of Makarska
- quality tourist **bus transport**
- guidance in the English language
- **four on-site lunches:** Sinj ('Ispod ure' Restaurant), Neretva Valley (Villa Neretva Restaurant), Mali Ston (Bota Šare Restaurant), Knin (Trđava Knin Restaurant)
- **boat excursion** to the oyster beds in Mali Ston Bay
- **boat ride** in the Neretva River Delta in traditional boats (photo safari through the Neretva Delta) + snack ('marenda')
- **tangerine picking program** in the Neretva Valley
- **entrance tickets** for the Museum Alka of Sinj, Narona Archaeological Museum, Ston Walls, Fortress of Knin
- **travel guide**
- **four pedagogical companions**
- reservation and travel arrangement expenses

ACCOMPANYING TEACHERS

- Marko Korbar, Ivana Devernay Cimić, Mirjana Blažičko, Linda Zelić
- **Contact phone number:** MYP coordinator: 099/ 555 8833

FIELD TRIP ITINERARY:

1st day (24/10/2023): Zagreb – Sinj – Makarska

- ✗ 08:15 – meeting in front of the school
- ✗ 08:30 – departure
- ✗ a bus drive towards Dalmatia
- ✗ 13:30 – 14:30 - **Sinj Sightseeing Tour & Alka of Sinj Museum**
Alka of Sinj Museum is dedicated to the annual knight's tournament that takes place every year at the first August weekend in the town of Sinj. The tradition was inscribed on the UNESCO World Heritage List in 2010. The museum was opened in 2015 on the 300th anniversary of the tournament.
- ✗ 14:30 – 16:00 - lunch at the 'Ispod ure' Restaurant in the town of Sinj
- ✗ a bus drive towards Makarska
- ✗ 18:30 – 19:00 - accommodation at the Valamar Meteor Hotel****
- ✗ 19:30 – dinner, free time, overnight stay

2nd day (25/10/2023): Neretva River Valley

- ✗ 07:00 – 07:45 - breakfast
- ✗ 08:00 – a departure to the town of Vid (near Metković)
- ✗ 09:30 – 10:30 - **Narona Archaeological Museum**
Narona Archaeological Museum is an archaeological site with remains of a Roman temple and 17 marble statues. It is the only museum in Croatia that is constructed at the site of a Roman temple.
- ✗ 11:00 – 15:30 - **Photo Safari in traditional Neretva vessels with a traditional snack & Tangerine Picking Program**
The photo safari will take us down the Neretva Delta and through narrow canals of Neretva in traditional Neretva vessel. We will be able to see the rich flora and fauna (unique bird species) in the Neretva canals and swamps. One of the main special sites on our tour is the Kuti Lake. According to the folk traditional stories, there lies a sunken city at the bottom of the Kuti Lake.
- ✗ 16:00 – 17:30 - lunch at the Villa Neretva Restaurant
- ✗ 19:00 – return to the hotel, dinner, disco night, overnight stay

3rd day (26/10/2023): Ston – Mali Ston Bay

- ✗ 08:00 – 08:45 - breakfast
- ✗ 09:00 – a departure to the town of Ston
- ✗ 09:00 – 11:00 - a bus drive towards the town of Ston
- ✗ 11:00 – 13:00 - **Ston Walls Walking Tour from Ston to Mali Ston**
Ston Walls are the world's second longest defensive wall, 5.5 km long (after the Wall of China). They were built in the 14th century to protect the salt fields and as a first line of defence for the Dubrovnik Republic. They begin and end with two large fortresses: Koruna in Mali Ston and Great Kašio in Ston.
- ✗ 13:00 – 14:30 - lunch at the Bota Šare Restaurant in the town of Mali Ston
- ✗ 15:00 – 16:30 - **Mali Ston Bay Boat Excursion**
Mali Ston Bay is famous after the oyster beds.
- ✗ 19:00 - return to the hotel, dinner, free time, overnight stay

4th day (27/10/2023): Makarska – Knin – Zagreb

- ✗ 08:00 – 08:30 - breakfast
- ✗ 08:30 – 09:00 - checking out
- ✗ 09:15 – a departure towards Knin
- ✗ 12:00 – 13:30 - **Knin Fortress**
The Knin Fortress is one of the greatest Croatian fortification monuments and the second largest military fortification in whole Europe. The fortress consists of five connected parts located 345 m above sea level and about 100 m above the town of Knin.
- ✗ 13:30 – 14:30 - lunch at the Fortress Knin Restaurant
- ✗ 15:00 – a departure towards Zagreb
- ✗ 19:30 – 20:00 - arrival to Zagreb

The timing is used for **orientation only**, and it can be subject to slight changes due to the packing/unpacking speed, traffic conditions, weather conditions, preparation and the professional guides at the sightseeing venue.

